

Mushrooms are fungi rather plants. Mushrooms often grow near the base of trees, on trees, or around trees.

When considering how to grow or find mushrooms, the mushroom picker must know which mushrooms are edible.

Edible Mushrooms offer sources for minerals and nutrients since [click here](#) they absorb the minerals out of the soil.

**Edible Mushroom Species \*\***

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**Harvest Period**

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**Usage Notes**

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Bearded Tooth  
Boletes with white or grey pores  
Chanterelles  
Coral Fungi  
Hen-of-the-Woods  
Morels  
Oyster Mushrooms  
Puffballs  
Shaggy Mane  
Shaggy Parasol  
Sulfur Shelf  
Truffles

**Poisonous Mushroom Species \*\*\***

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**Toxic Symptoms**

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Amanitas	Potentially Deadly if consumed
Boletes with red or orange pores	
False Morels	Diarrhea, vomiting, headaches, Possible Death

Green-spored Lepiota    Serious Stomach Pain and Digestion problems.  
Jack-O'-Lantern        Serious Illness by toxin.  
Little Brown Mushrooms Some varieties can cause death by toxin.

\*\* [Edible Mushroom Website with Pictures](#)    [2nd Mushroom Website](#)

\*\*\* [Poisonous Mushroom Website with Pictures](#)

[Wikipedia's List of Poisonous Mushrooms Confused for Edible Mushrooms](#)

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